



# WATHAURONG

## Aboriginal Co-operative

### Community Newsletter

#### April—May 2018

#### In this issue:

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**Photo:** (L-R): Naomi Surtees, Gwenda Black, Jenny Mikakas MP, Christine Couzens MP, Tamara Hunter, Rod Jackson, James Jose, Michael Cussens

#### Want to get the Community Newsletter by email?

Send an email to:  
[emma.mcperson@wathaurong.org.au](mailto:emma.mcperson@wathaurong.org.au)

Your details will be added to our email list; and you will be emailed each new issue, as soon as it is published.

#### Calendar of Events

APRIL			Ovarian Cancer Awareness Month
2nd	Easter Monday		Co-operative CLOSED
3rd	Easter Tuesday		Co-operative OPEN
18th	Community Meeting		
25th	ANZAC Day		Co-operative CLOSED
MAY			Epilepsy Awareness Month
13th	Mother's Day		
25th	Wathaurong—Sorry Day Walk		Page 23
27th	Reconciliation Week (27th July—3rd June)		
27th	Reconciliation in the Park Event		Page 25

#### Wathaurong Aboriginal Co-operative

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Website: [www.wathaurong.org.au](http://www.wathaurong.org.au)

Lot 62 Morgan Street

North Geelong Victoria 3215

Postal Address:

PO Box 402

North Geelong Victoria 3215



Like us on Facebook

[Wathaurong Aboriginal Co-Op](http://www.wathaurong.org.au)

# Chairperson

Hello and welcome to our second Newsletter for 2018. It doesn't seem that long ago since my January report! First up, I would like to welcome our new Office Bearers following our Board of Director Elections; Deputy Chairperson Mr. Craig Edwards, Secretary Mr. Mick Ryan and myself as Chairperson – thank you to the Board for faith in electing us to lead the Board in Wathaurong's 40<sup>th</sup> year of servicing this community.

On February 13<sup>th</sup> 2018, we gathered with a Community Breakfast to acknowledge the 10<sup>th</sup> Anniversary of the National Apology to the Stolen Generations. It was an emotional and well-attended gathering, which included readings and reflections on Rudd's inaugural Apology (in 2008) by the Howell/ Foley women. I extend my heartfelt thanks to them for their strength and pride in standing up and delivering with such raw emotion. A hearty and delicious BBQ breakfast followed. On behalf of the Board, we thank all staff, community and volunteers who gave their time to make this first significant calendar event a success.

Our first community meeting for 2018 was held at Forster Street and it was great to see community members attend, ask questions and suggest improvements to our future meeting Agendas. These suggestions included; business arising from previous minutes and other general business

On March 8<sup>th</sup>, we celebrated International Women's Day (IWD) with an afternoon tea which was well organised, well attended and well catered for. This event celebrated all women in our community and organisation; and it was lovely to take 'time out' to gather, talk and reflect in a positive yet informal way. Many thanks to the staff involved in organising the event and I hope that we will continue this tradition in years to come.

Later that evening both Ebony Hickey and I attended the Women in Community Life IWD Award Ceremony at GMHBA Stadium. Both of us were nominated for the

First Nations Women in Community Life Award, which is a huge honour and quite humbling. I would like to congratulate Ebony on her nomination and also her dedication to working in and for this community. Further details about this event and the Award Winner are mentioned later in this Newsletter (refer to page 27)

In closing, as many of you may know, this year Wathaurong celebrates its 40<sup>th</sup> Anniversary. While details of a particular event are not yet known, we are calling for original photos, information, newspaper clippings or any other relevant documentation to be used in this anniversary celebration. Please if you have some history that you would like to share for this wonderful occasion, please drop it into Emma McPherson at the Co-operative, noting that all contributions will be safely kept, copied with originals being returned asap. Please also ensure your details are clearly marked, so items can be returned. Additionally, if you would like to be involved in the Anniversary Working Party/ Committee please also advise Emma so that you can be advised about upcoming Committee meetings. Emma's email: [emma.mcpherson@wathaurong.org.au](mailto:emma.mcpherson@wathaurong.org.au).

With thanks. Ms. Sharelle McGuirk—Chairperson.



Photo (L-R): Craig Edwards, Wendy Brabham, Sharelle McGuirk (Chairperson), Corrina Eccles, Mick Ryan

## Wathaurong Aboriginal Co-operative Ltd

### Community Meeting

### Wednesday 18<sup>th</sup> April 2018 Agenda

#### Commencement: 5:30pm

1. Welcome by Chairperson
2. Respect Protocol – minutes silence
3. Apologies
4. Previous Minutes
  - a) Business arising from previous minutes
  - b) Acceptance of 1<sup>st</sup> March 2018 minutes
5. Discussion on Wathaurong's 40th Anniversary Celebrations
6. Other General Business
7. Meeting closed

20A FORSTER STREET, NORLANE 3214 \* PO Box 402, NORTH GEELONG 3215

PH: (03) 5277 0044

FAX: (03) 5278 4123

EMAIL: [admin@wathaurong.org.au](mailto:admin@wathaurong.org.au)

# Chief Executive Officer

Welcome to the April/ May 2018 Newsletter. Plenty of things to share with you, as well as details of recent and upcoming events.

Firstly, congratulations to Jodie Sizer, who was a Wathaurong Board Chair and a current Board Member of Wathaurong Glass, on her appointment to the Collingwood Football Club Board.

On Tuesday the 6th of March, I attended the official event at Parliament House, for Jill Gallagher, AO as the new Treaty Commissioner and the launch of the Aboriginal Treaty Working Group.



*Photo (L-R): John Eren MP, Christine Couzens MP, Gayle Tierney, MP, Kym Monohan, Sue Jones & Vicky Grosser (@ Parliament House)*

We had Sam Wickman down from NSW to visit with Wathaurong Glass. Sam is an artist who works with glass, and is collaborating with Wathaurong Glass to produce his works. It is always great for Wathaurong to form joint collaborations with established or upcoming artists.



*Photo (L-R): Sam Wickman, Mark Edwards, Rod Jackson, Ralph White and Amaresh Devenson (AFL Sportsready)*

I attended a Family Violence Prevention Legal Services (FVPLS) Forum and I was excited to see that they have now rebranded to named Djirra (Djirra is the Woiwurrung word for the reed used by Wurundjeri women for basket weaving).

You will see from the front page that we had Jenny Mikakos MP visit us at Wathaurong. She announced funding to be made available for the Possum Skin Program launch and it was a pleasure to show her the level of craftsmanship of the current cloak at the Morgan Street site. We are looking forward to having some cultural connections through this inclusive program. It was also great to have Michael Cussens and James Jose playing the didgeridoo as a duet for the first time.

We were also pleased to host the new CEO of Barwon

Health, Professor Ruth Salom. She was joined by Renee Owen and Libby Lesock. We look forward to working further with Barwon Health as our working relationship continues to grow; in terms of our community's health and well-being; now and into the future. The visitors also visited Wathaurong Glass, during their time with us.



*Photo: (L-R) Renee Owen, Libby Lesock, Rod Jackson, Ruth Salom, Kym Monohan, Sharelle McGuirk, Herb Goonan, Tony Meagher, Paul Thornton*

We look forward to working with The Barwon Support and Safety Hub (Barwon Hub) as one of 5 new launch sites that will provide a new way of supporting women, children and young people experiencing or at risk of family violence and will change the way services work with women, children, young people, families and perpetrators of violence. Just a reminder about the NAIDOC week festivities, including the NAIDOC Ball, from Sunday 8 July and continue through to Sunday 15 July. Further information to follow soon on Facebook and the Website.

Thanks to all who participated and prepared for the Pako Festa this year; another great turnout by and for our community members, family and friends.

Apology Day was held at Morgan Street, on the 13th February, to commemorate 10 years since Prime Minister Rudd's Apology to the Stolen Generations. We had several guest speakers and the breakfast was a great success, with great numbers in attendance.

Thanks go out to Jodie Chatfield for organising the International Women's Day afternoon tea on the 8th March and congratulations to Ebony Hickey on her nomination for the First Nations Women in Community Life Award; and of course the Wathaurong Chair, Sharelle McGuirk for winning the Award!

New staff starting with Wathaurong are Jemma Bonfield (Medical Receptionist), Dr Elmer Diveney and Pepa Castro (Domestic Assistant—In Home Support); and returning staff, Dr David Russell and Dr Jess Iser—welcome to you all.

**Rod Jackson**



# Member's Code of Conduct

## **WATHAURONG ABORIGINAL CO-OPERATIVE MEMBERSHIP - CODE OF CONDUCT**

A code of conduct or behaviour can be described as a set of statements that set out what we consider to be an acceptable standard of behaviour and conduct. This code explains how we expect our members to behave.

This code of conduct provides a guide and basis of expectations for our members. It encourages commitment to ethical and professional behaviour and outlines the principles on which Wathaurong Aboriginal Cooperative is based.

- Treat each person as an individual.
- Show respect and courtesy to all involved
- Display appropriate and responsible behaviour in all interactions.
- Display responsible behaviour in relation to alcohol and other drugs.
- Act with integrity and objectivity.
- Accept responsibility for your decisions and actions.
- Respect the rights and worth of every person, regardless of their age, race, gender, ability, cultural background, sexuality or religion.
- Encourage and support opportunities for people to learn appropriate behaviours and skills.
- Ensure your decisions and actions contribute to a safe environment.
- Ensure your decisions and actions contribute to a harassment-free environment.
- Do not tolerate abusive, bullying or threatening behaviour.
- Recognise that all members have the right to privacy and confidentiality.
- If a member acts in a way that is detrimental to a member, client, staff and/or property the Board can suspend that member immediately. They will have the right of appeal by calling a Special General Meeting.

Remember, you are not only a representative of Wathaurong but also of Aboriginal people. Behaviour, both positive and negative, casts a shadow over all of the members of Wathaurong. Think carefully about how your actions, words and behaviour will impact upon others around you.

The Wathaurong Aboriginal Co-operative Board may apply the following sanctions to any member found to be in breach of the Code of Conduct based on the seriousness and frequency of their behaviour:

1. Caution
2. Direction to leave the organisation event
3. Attendance at a meeting with Directors to discuss the breach and appropriate sanction/s
4. Participation in personal development
5. Suspension from organisation activities
6. Expulsion from the Wathaurong Aboriginal Co-operative (according to constitution)

Any member who is alleged to have breached the code of conduct will always be given a "right of reply". They will also be offered the opportunity to bring a support person to any official discussions regarding the alleged breach.

In the case of a dispute with Directors an independent mediator may be retained to mediate the dispute.

The Wathaurong Aboriginal Co-operative will at all times ensure that any person undergoing any of the above procedures will be dealt with in a sensitive and confidential manner, irrespective of the alleged breach of the Rule or Code of Conduct.

## Children's Services

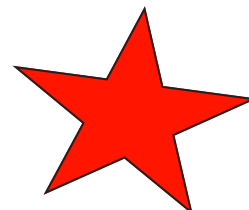
# Wathaurong Kids Club

An after school program for school aged children

When: Every Wednesday! (Excluding School Holidays)

Time: 3:45pm—5:00pm

Venue: Wathaurong Community Hub



Get ready for Term 2 kids! We have some exciting news!

Kids Club is teaming up with GPAC for...

Parrwang Youth Arts Program After School Workshops! Deadly!

Check out the Term dates below to see when we will be having Parrwang Youth Arts workshops at Kids Club!

Term 2 Dates	Focus	Location
18 <sup>th</sup> April	Kristi & Tahlia <i>Focus to be advised</i>	20A Forster Street, Norlane
2 <sup>nd</sup> May	Parrwang Youth Arts Workshop Dance/Drama	20A Forster Street, Norlane
9 <sup>th</sup> May	Kristi & Tahlia <i>Focus to be advised</i>	20A Forster Street, Norlane
16 <sup>th</sup> May	Parrwang Youth Arts Workshop Visual Arts	20A Forster Street, Norlane
23 <sup>rd</sup> May	Kristi & Tahlia <i>Focus to be advised</i>	20A Forster Street, Norlane
30 <sup>th</sup> May	Parrwang Youth Arts Workshop Song/Drama	20A Forster Street, Norlane
6 <sup>th</sup> June	Parrwang Youth Arts Combined Multi Arts workshops	GPAC Drama Theatre 50 Little Malop St, Geelong (BUS from 20A Forster St)
13 <sup>th</sup> June	Parrwang Youth Arts Show & Tell Performance	GPAC Drama Theatre 50 Little Malop St, Geelong (BUS from 20A Forster St)

For more information, please contact Kristi Watts Ph: (03) 52929843 Email: Kristi.Watts@wathaurong.org.au

# Children's Services

**EXPLORE!**  
GEELONG  
PERFORMING  
ARTS CENTRE  
EDUCATION  
PROGRAM

## PARRWANG YOUTH ARTS PROGRAM IN HERE!!

*Connecting kids with Cultural & Creativity*



Artwork by Nathan Patterson

***Calling out to children & young  
people aged 4-17... time to get your grove on!***

The Geelong Performing Arts Centre in partnership with the Waddawurrung & Wathaurong Communities introduces - **Parrwang Youth Arts Program**.

Exciting and interactive singing & dancing workshops will take place during April's Term 1 holidays on Tuesday 10<sup>th</sup>, Wednesday 11<sup>th</sup> & Thursday 12<sup>th</sup>. Spaces are limited, so book now! Contact Kylie.

### **Kylie Clarke - Parrwang Youth Arts Coordinator:**

Hello! I'm Kylie Clarke, a proud Gunditjmara, Wotjobaluk & Ngarrindjeri woman. I've spent most of my life living here on Wadawurrung Country and working in Aboriginal Education. I'm super excited about the all creative experiences and connections with artists that our program has in store for our young fullas.

I'm in the office Tuesdays, Wednesdays & Thursdays and can be contacted on:

Ph: 5225 1270 or Email: [kylie@gpac.org.au](mailto:kylie@gpac.org.au)



## DEADLY DAD Michael Sinclair



Michael and his children; Michael, Quinton, Kwarah, Jah-Khan

I'm Michael Sinclair, I'm a Yorta Yorta and Banarong man. I am a singlefather to four beautiful kids. The journey hasn't been easy for me through separation I had to relocate to a new area and our whole lives changed. Going through this experience reminded me to keep my children at the centre of everything. Growing up my dad wasn't around so I put all of my efforts into making sure that I am there for my kids. I always listen to them no matter what it is that they have to say and get out with them and enjoy each other's company whether it is just going for a walk, fishing or camping. We enjoy as much time together as we can and I make sure that I am equal and fair with all of the kids, none of them are treated differently.

**My tip for other single dads is to be strong and never give up on your children**

# Children's Services



## Ready for Learning Day

It was great to see families attend our 'Ready for Learning' day on Wednesday 24th January!

With attendance from children in community starting kinder, starting prep and older primary school aged children. Children were presented with a passport on arrival and started their adventure around to different activities on the day, including Lego building, story time, counting activities, writing activities, arts and crafts, colouring and construction. As children made their way around to different activities, they received a special stamp on their passport. Children who are attending kinder or starting school this year were able to present their completed passports to receive a very special ready for learning backpack! Thank you so much to the amazing representatives from The Smith Family, COGG, HIPPY Australia, Reading out of Poverty, Geelong Regional Libraries, Goodstart Early Learning and DET for your time and the fun activities on the day. We received wonderful comments and positive feedback from the children and their families.





## Children's Services

# Here's what we got up to... over the January School Holidays





## Koorie Kids at Kinder!



All Koorie children are eligible for two years  
of **FREE** kinder!

Your child can be enrolled into a 3 or 4 year old kinder program if they turn 3 or 4 on or before April 30<sup>th</sup> in the year you wish for them to attend kinder

So, if your child is 3 or 4 already or if they will be 3 or 4 before April 30<sup>th</sup> this year, they will be able to attend kinder this year!

If you would like further information about kinder or assistance with enrolling your child into kinder for 2018, please contact Tahlia Dempsey, Koorie Pre School Assistant at Wathaurong Aboriginal Co-operative.

Ph: (03) 5292 9800 Email: [tahlia.dempsey@wathaurong.org.au](mailto:tahlia.dempsey@wathaurong.org.au)

# Children's Services

## APRIL 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30						1
2 TERM ONE SCHOOL HOLIDAYS	3 TERM ONE SCHOOL HOLIDAYS	4 TERM ONE SCHOOL HOLIDAYS	5 TERM ONE SCHOOL HOLIDAYS	6 TERM ONE SCHOOL HOLIDAYS	7	8
9 TERM ONE SCHOOL HOLIDAYS	10 TERM ONE SCHOOL HOLIDAYS	11 TERM ONE SCHOOL HOLIDAYS	12 TERM ONE SCHOOL HOLIDAYS	13 TERM ONE SCHOOL HOLIDAYS	14	15
16 TERM 2 COMMENCES	17	18 Parent Group Forster St. 11.00am-1.00pm	19 Milla Milla Playgroup 11.00am-1.00pm	20 Milla Milla playgroup 11.00am-1.00pm	21	22
23	24	25 Parent Group Forster St. 11.00am-1.00pm	26 Milla Milla Playgroup 11.00am-1.00pm	27 Milla Milla Playgroup 11.00am-1.00pm	28	29

<b>Milla Milla Playgroup</b>	Wathaurong Chil- dren's Services	Lot 62 Morgan St Nth Geelong 3215 Phone:(03) 52728861 Admin: (03) 52770044 Mob: 0458201193	Rosewall Kindergarten (03) 52754529 Mon - Wed 9.00am- 1.30pm
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# Children's Services

## MAY 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6	1	2 Parent Group Forster St. 11.00am-1.00pm	3 Milla Milla Playgroup 11.00am-1.00pm	4 Milla Milla Play- group 11.00am-1.00pm	5	
7	8	9 Parent Group Forster St. 11.00am-1.00pm	10 Milla Milla Play- group 11.00am-1.00pm	11 Milla Milla Play- group 1 1.00am-1.00pm	12	13
14	15	16 Parent Group Forster St. 11.00am-1.00pm	17 Milla Milla Play- group 11.00am-1.00pm	18 Milla Milla Play- group 11.00am-1.00pm	19	20
21	22	23 Parent Group Forster St. 11.00am-1.00pm	24 Milla Milla Play- group 11.00am-1.00pm	25 Milla Milla Playgroup 11.00am-1.00pm SORRY DAY WALK	26	27
28	29	30 Parent Group Forster St. 11.00am-1.00pm	31 Milla Milla Play- group 11.00am-1.00pm			

<b>Milla Milla Playgroup</b>	Wathaurong Chil- dren's Services	Lot 62 Morgan St Nth Geelong 3215 Phone: (03) 52728861 Admin: (03) 52770044 Mob: 0458201193	Rosewall Kindergarten (03) 52754529 Mon - Wed 9.00am - 1.30pm
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# Homework CENTRE



**WATHAURONG**  
Aboriginal Co-operative

**Mondays 4pm to 6pm**

**Commencing: Monday 23rd April 2018**

Don't forget your homework!

Organised activities running throughout the session.

Snacks provided!

**20A FORSTER STREET  
NORLANE**

Contact:

**Sandra Brogden**

**0417 855 334**

**Aunty May Owen**

**0417 031 087**

# Health Services

## Wathaurong Health Clinic

### Dr Catherine Eltringham

Every Wednesday and Thursday

### Dr David Corbett

Every Wednesday

### Dr Ed Poliness

Week 1 & 3 – Monday & Tuesday

Week 2 & 4 – Monday, Tuesday & Friday

### Dr David Russell

Every Monday & Wednesday

### Dr Bridgette Agosinalli

Every Monday & Thursday

### Dr Jess Iser

Every Wednesday

### Dr Lou Sanderson

Every Monday, Tuesday & Friday

### Dr Eimir Diviney

Every Tuesday, Thursday & Friday

### Diabetes Educator – Olga Lutzko

Monthly on a Wednesday afternoon

**BY REFERRAL ONLY**

### Psychiatrist – Dr Russell Golden

Every Monday & Wednesday

**BY REFERRAL ONLY**

### Endocrinologist – Dr Sam Worboys

Monthly on a Wednesday afternoon

**BY REFERRAL ONLY**

### Psychologist – Paul Thornton

All day Tuesday

**BY REFERRAL ONLY**

### Paediatric Clinic

Fortnightly on Tuesday afternoons

**BY REFERRAL ONLY**

**Please note there is a two month waiting list**

### BARWON HEALTH

#### DENTAL@WATHAURONG

Each Tuesday, Wednesday & Thursday

**Please call BH dental and speak to Sarah to make an Appointment on 5272 2847**

### BARWON CENTRE AGAINST SEXUAL ASSAULT (CASA)

Every Thursday

**BY REFERRAL ONLY**

### COLAC GP CLINIC — Altering Wathaurong GP

Open every **Monday**, book appointments through Wathaurong Health Services

### Wathaurong Health Service operates

Monday to Friday 9am-5pm

**To book an appointment or find out more details on services available, please phone (03) 5277 2038**

# Health Services



## Parent Group

@ 20A Forster Street, Norlane

Every Wednesday

11:00 am—1:00 pm

Connect with other parents in the community.

Discuss topics such as sleep settling, play development, looking after yourself, feeding fussy eaters and more.

Drop in Maternal Child Health Visits.

Bring your baby, toddlers and preschoolers along

**Lunch will be provided**



Contact: Catherine Gibbs  
for more

information

Ph: 52 77 20 38

Mobile: 0438 572 088

## INFLUENZA VACCINES AT WATHAURONG HEALTH SERVICES

**Influenza (the flu)** is a highly contagious viral infection that can cause severe illness and life-threatening complications, including pneumonia and bronchitis, in:

- The elderly,
- Pregnant women,
- Aboriginal and Torres Strait Islander people
- Very young children,
- Those with underlying medical conditions



Flu Immunisation is highly effective in reducing rates of influenza and it is FREE at Wathaurong Aboriginal Co-operative Health Service. The FLUVAX vaccine is available from March 2018.

**Protect yourself !**

**Protect your family!**

**Get immunized!**

**To book an appointment or find out more details, please phone (03) 5277 2038**



# Health Services



## Wathaurong Maternal Child

### Health Service

Track your child's growth and development  
Discuss parenting and concerns about your child

Maternal health and wellbeing

Regular Visits can mean early detection of issues or concerns with your child

Wednesday, Thursday, Friday

Flexible Service delivery

Home Visits/Appointments/Groups

For more information, contact

Larissa Martino or Catherine Gibbs

Ph: 52 77 20 38 or

Mobile: 0438 572 088

Email:

[larissa.martino@wathaurong.org.au](mailto:larissa.martino@wathaurong.org.au)

[catherine.gibbs@wathaurong.org.au](mailto:catherine.gibbs@wathaurong.org.au)

## Bringing Them Home Program



This program supports Aboriginal and Torres Strait Islander peoples separated from their families as a result of past governments' forced removal policies and practices, including institutionalisation, adoption or foster care.

**You are welcome to come in and talk with the BTH counsellor or have a chat over the phone.**

The program offers support in:

- ◆ Family history researching
- ◆ Counselling
- ◆ Referrals to Link Up and Koorie Heritage Trust etc.

Ph. Contact: 5292 9800/ 0418 137 545

# Health Services

## Chronic Disease Clinic

### **BEGIN with an Adult Health Check**

If you have a Chronic Condition, we will organise a thorough assessment with the Chronic Disease Clinic at Wathaurong Health Services Centre.

### **The Chronic Disease Health Team**

If the Chronic Health Team find that your results are not within normal ranges we will work with you by making appropriate referrals and help you on the road to self management

### **Follow up and feed back**

Check your results with one of the team to see how your health has improved

### **Ongoing Support**

from Wathaurong Aboriginal Health Worker, Chronic Disease Nurse and Doctors

*Create a Care Plan with one of our team that suits your individual needs and set goals and targets you can achieve. We will then work to help you to take charge of your health.*



*You will have 3 monthly check-ups so that you can review your progress and get support. You will also have the opportunity to join in on groups activities and information sessions.*

### **Want more information?**

**Contact: Kiralee Hogema or Henri Korevaar**

**(03) 5277 2038**

# Healing Activities

## for the Stolen Generations

Link-Up Victoria is offering a number of healing activities during April and May and if you are interested in any of these please contact us and register your interest.

Places are limited so get in early!

**Men's Fishing Outing:** A fishing adventure out on the bay, take off in a chartered boat from St. Kilda pier, includes equipment, snacks and lunch. To be held 10.30am to 3pm, Saturday, 7th April, 2018

**Koorie Heritage Trust:** Wood burning with Mick Harding. Feather craft with Glenda Nicholls. To be held 10am to 3pm, Monday, 7th May, 2018: relax and unwind while you create something special includes lunch and tour.

**Aboriginal Fitzroy Bus Tour:** Learn about the Aboriginal history of Fitzroy/Collingwood, the birthplace of a number of Aboriginal organisations in operation today. Some walking required and look forward to a deadly lunch at Charcoal Lane. Accommodation and Dinner provided for those from country areas who wish to stay on for the National Sorry Day event in Fitzroy. To be held from 10am to 3pm on Friday, 25th May, 2018. Children welcome!

**National Sorry Day event:** To be held from 3pm, Saturday 26th May 2018, Atherton Gardens Estate, Fitzroy. Unveiling of the Stolen Generations marker called "**Remember Me**", speakers, ceremony, giveaways and entertainment. Night tour of Melbourne (if enough interest) - See city light up in purple in honour of the Stolen Generations. Everyone welcome!

**Bus Trip to Brambuk Aboriginal Cultural Centre, Grampians National Park:** Come along for a leisurely 3 hour bus trip to the majestic Grampians, guided tour of Brambuk, visit a local cultural site, lunch at the bush food cafe, visit the gift shop, close encounters with native animals, overnight stopover at the Grampians motel. Children welcome! To be held from 29th to 30th May, 2018.

**For further information and to register contact Bev Murray, Program Manager, Link-UpVictoria**

Telephone: (03) 9480 7377 Email: [bevm@vacca.org.au](mailto:bevm@vacca.org.au)





## Free 24/7 Mental Health Support services

**For any imminent risks to health always Call Emergency Services (000)**

**The ACCESS Team (formerly Triage) Call 1300 094 187**

24-hour service for people who may have a complex or serious mental illness and are in crisis.

Services include: mental health assessments, early crisis intervention, referral to other services and telephone support to clients, families and other health workers. The clinician will determine the nature and urgency of the response required. It is a primary point entry to Barwon Health public mental health services and has referral linkages with Barwon Drug and Alcohol Services.

### **Lifeline**

Crisis intervention counselling support line.

Telephone support service: Online Crisis Support Chat:

131114

<https://www.lifeline.org.au/get-help/online-services/crisis>

crisis

### **DirectLine**

Providing advice on how to manage your alcohol or drug problem, and also refer you to specialist relationship and family support services.

Telephone support service

Website;

1800 888 236

<http://www.directline.org.au>

### **Suicide Call Back Service**

Suicide Call Back Service is a nationwide service that provides 24/7 telephone, video and online professional counselling. This service offers 6 free counselling appointments for people over the ages 15 years & over experiencing distress.

Telephone support service

Free Online Crisis Support Chat (Messaging or Video);

1300 659 467

<https://www.suicidecallbackservice.org.au/>

### **Kids Helpline**

Australia's only free, private and confidential, phone counselling service specifically for young people aged between 5--25.

Telephone support service Free Online Crisis Support Chat

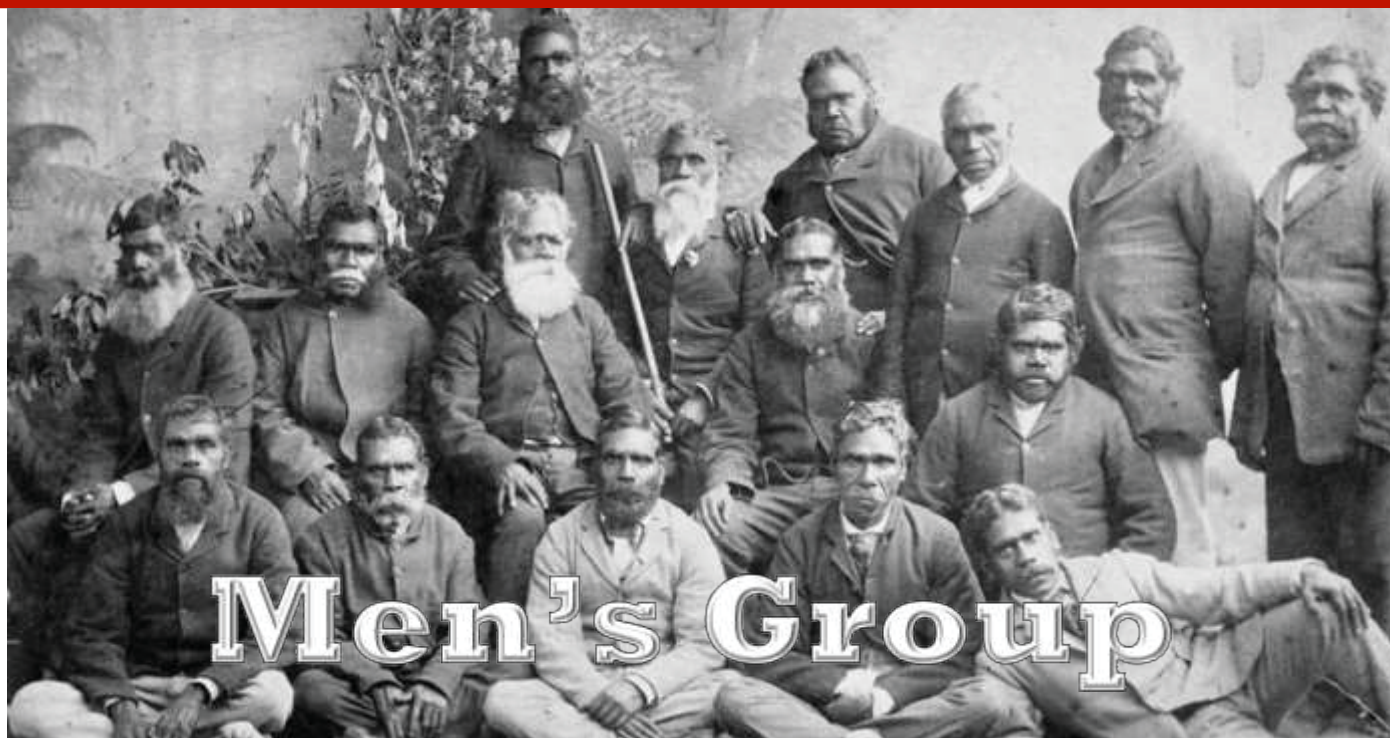
1800 55 1800

<https://kidshelpline.com.au/teens/get-help/webchat-counselling/>

### **AskIzzy**

For any health and wellbeing issues, use the AskIzzy App. to find the best suited contact to assist you

# Health Services



**A place for Aboriginal & Torres Strait Islander men to unwind & have a yarn after work, every second Thursday, 5:30pm- 8:00pm**

**Forster Street Meeting Room**

***20a Forster Street, Norlane VIC 3214***

In previous years, Men's Group has offered the men of the Geelong Aboriginal & Torres Strait Islander community a **regular place to connect, discuss men's business and share culture.**

This regular place is opening back up throughout **2018; welcoming back the Men's Group legends from the past & new friendly faces.**

Ages: **16 years old and over** (anyone under 16 years old requires supervision).  
If you're interested - just **attend.**

Men's Group 2018 Meeting Calendar 2nd Quarter		
Men's Group 2018 12/04/2018	Men's Group 2018 16/04/2018	Men's Group 2018 10/05/2018
Men's Group 2018 24/05/2018	Men's Group 2018 07/06/2018	Men's Group 2018 21/06/2018

# Community Notices

## Victorian Aboriginal History



### Margaret Tucker

(1904-1996)

Margaret Tucker was born at Warangesda Mission in New South Wales in 1904. Her parents, William Clements, a Wiradjuri man, and Teresa (née Middleton), a Yorta Yorta woman, had four daughters.

Margaret's childhood was spent at the Cummeragunja and Moonacullah Missions, near the Victorian/ New South Wales border. She and her sisters learnt about traditional

customs and language from their mother and great grandmother, although mission rules prohibited any overt expression of their culture.

At the age of 13 years, Margaret and her sister May were taken against their mother's wishes from Moonacullah Mission to the Cootamundra Domestic Training Home for Aboriginal Girls in New South Wales.

Margaret married Phillip Tucker and together they had a daughter, Mollie, in 1927. Margaret made a living working in factories. At the same time, she became an Aboriginal rights activist alongside other ex-Cummeragunja residents, including William Cooper, Bill and Eric Onus and Sir Douglas Nicholls. In 1932, she was a founding member and treasurer of the Australian Aborigines' League, one of the first Aboriginal-run organisations in Australia. It campaigned in support of citizenship rights for Aboriginal people.

Margaret raised funds for supplies for Aboriginal people during the Cummeragunja walk-off and actively sought out ways to further the rights of our people and further the process of self determination. Margaret was also instrumental in the establishment of a hostel for Aboriginal women in need.

Margaret campaigned for many causes such as Health services; and was made the Patron of the Victorian Aboriginal Child Care Agency. In 1968, Margaret was made a Member of the Order of the British Empire (Civil). In 2001, she was inducted to the Victorian Honour Roll of Women; among the first to receive the honour.

Published in 1977, her autobiography, "If Everyone Cared", is seen as an important account of the early policies of child removal. Margaret also featured in the acclaimed documentary "Lousy Little Sixpence", broadcast by the Australian Broadcasting Corporation (ABC). She passed away in 1996.

Aunty Marge never let the injustices suffered by her people embitter her and instead focused her energies on creating a more equal and understanding society. Whether through her own actions, or those of future generations inspired by her life. She undeniably succeeded.

Ref: <https://www.vic.gov.au/aboriginalvictoria/community-engagement/leadership-programs/aboriginal-honour-roll/2013-victorian-aboriginal-honour-roll/margaret-tucker-mbe-c.html>



# Community Notices



## The importance of family and friends

Family, friends and community play an important part in the lives of people with dementia. They provide valuable links to past experiences, and enable a person with dementia to continue to be a loved and valued member of family and community.

Unfortunately many studies confirm that some families can become quite isolated when someone in their family has dementia. Sometimes people with dementia and their families find that other people stay away from them after the dementia has been diagnosed. Perhaps other people are frightened or embarrassed by the dementia. They may be afraid of saying or doing the wrong thing and some people may get upset by not being recognised anymore by the person with dementia.

## How can you help?

Family and friends can support people affected by dementia in a variety of ways:

- Learning about dementia is always a good starting point.
- Being available for a yarn from time to time
- Encouraging family and carers to have a break, or just a change of scenery
- Bringing a meal, or helping with gardening or shopping
- Supporting the person with dementia to do the kinds of things that they enjoyed doing before dementia was diagnosed

The friendly Geelong team of Dementia Australia can help if you or a family member is experiencing memory changes or has a diagnosis of dementia.

We are based at 318 Pakington St Newtown - and Karen, Nola, Louise, Jane, Narelle and Chris are always happy for you to drop in or give us a call on **1300 526 576** if you would like any further information about any of our programmes and supports.



The next Family Information sessions are:

- **“Coping with Changes in Behaviour”**: Tuesday 10<sup>th</sup> April 1pm-3.30pm
- **“Considering Residential Care”**: Wednesday 6<sup>th</sup> June 1.30pm -4pm

Phone **1300 526 576** for further information or bookings.

# Community Notices

## Aunty Vicky's Clothing Room

We all need some help at times; so if you are in need of any clothes for you or your family, come down to see Aunty Vicki at:

**20a Forster Street, Norlane**

**Open to community members**

**Wednesdays and Fridays**

**11:00am— 2:00pm**

Vicky and her helpers will help sort out your needs and if you want to pop in for a chat, she would love to see you!

Vicky has been a big part of setting up the room and has great advice that may be just what you need!

She has sourced all the racks, coat hangers, displays etc. in her free time and spent many hours setting up for the community. I would like to thank Vicky and Tanya (her helper), for the hours of work they have put in to making a community space that will benefit all. Her dedication to the program has no time frame and I know she is constantly thinking of how she can help others who are in need. We get messages on weekends and late at night with her ideas or something she's found that we can use. Shaun, her son, has been a delivery and pick up man for Vicky many times and it's thanks to people like these that make me proud of our community.

If you are unable to attend on the times above and you have a worker here; have a chat with them to arrange a time to visit or speak to me (Kerrie Black).

This programme will have workers on placement supporting, as part of the Justice Program.

We do take donations; which can be arranged with Kerrie Black at the Mackey Street offices at Wathaurong.



Christopher Conway

Senior Sheriff's Officer, Sheriff's Operations

Barwon South West Region

Email: [Christopher.conway@justice.vic.gov.au](mailto:Christopher.conway@justice.vic.gov.au)

Department of Justice and Regulation

Level 5, 30 Lt Malop Street, Geelong, Vic, 3220

Tel: 03 5226 4444

Mob: 0419 521 971

*Community. Together. Integrity. Respect. Happen @ One Justice*  
*Please call Kerrie Black (Ph: 5292 9800) for WAC site visit times*

# Community Notices

## Come and Play Hockey!

Hockey is a sport which the whole family can play, and it's never too late to begin. The Club aims to provide a family friendly, welcoming and inclusive environment, with a strong emphasis on fair play and sportsmanship.

Newtown City Hockey Club is the largest Hockey Club in Geelong with over 200 members ranging in age from 3 to 60+. The Club has many options for participating, with teams and programs available in both social and competitive formats.



The Club welcomes new members for the 2018 winter season (April to September), with teams available for junior boys and girls from U6 to U17, and senior men and women.

Beginners or experienced players returning to the field are welcome to Come and Try before making a commitment:

Hockey program – Hookin2Hockey program - Boys and girls aged 5 to 12, Lloyd Reserve, Newtown,  
4.30 pm Tuesday March 6, 13, 20, 27. No charge, equipment supplied.

- U8/ U10 Training – Lloyd Reserve, Newtown, 4.30 pm Wednesdays
- U12/U14 Training – Stead Park, Corio, 5.30 pm Thursdays
- U17/ Senior men and women Training – Stead Park, Corio, 6.30 pm Thursdays

*Please feel free to contact us with any enquiries.*

**Website:** [www.newtownhockeyclub.com.au](http://www.newtownhockeyclub.com.au)

**Email:** [contact@newtownhockeyclub.com.au](mailto:contact@newtownhockeyclub.com.au)

**Facebook:** <https://www.facebook.com/NewtownCityHockey/>

**Twitter:** <https://twitter.com/newtownhockey>

**Phone:** Claire Barnes OAM, President/ Junior coordinator, 0417 015130



## NATIONAL SORRY DAY WALK AT WATHAURONG

**DATE:** FRIDAY 25th MAY 2018

**WHERE:** WEIR DEPPLER PARK , MORGAN STREET, NORTH GEELONG (BEHIND CO-OP)

**WHEN:** 10.30am



The Wathaurong Co Op will be holding a March around the lake to symbolise the steps taken by our stolen generations

**ABORIGINAL AND NON-ABORIGINAL COMMUNITY ARE WELCOME TO ATTEND THIS EVENT**



# Community Notices

Futsal Geelong and the City of Greater Geelong Venues team are pleased to introduce the 2018 Term 2 Schools Futsal League.

The league is designed to allow primary schools in the Geelong region to get pupils involved in a high octane and participative sport. The league will be focused on development of players and their skills as well as getting students active and having fun with their mates.

The league will commence at the beginning of term 2, with weekly matches being played from the 24<sup>th</sup> of April (week 2 of Term 2).

The Futsal Geelong Schools League is an indoor soccer competition for primary school aged children in grades 1/2, 3/4 as well as 5/6 with leagues available at the Leisuretime Centre in Bell Post Hill and Barwon Valley Activity Centre (BVAC) in Belmont.



If you need any further information, please contact Futsal Geelong via e-mail

[futsalgeelong@geelongcity.vic.gov.au](mailto:futsalgeelong@geelongcity.vic.gov.au) or by phone on (03) 5272 4990.



# Community Notices



**Tuesday Morning 10.00am**

**Wednesday Afternoon 1.00pm**

**Meet outside the main doors - Wathaurong Health Service,  
North Geelong**

## **MORE INFORMATION**

**Contact:**

**Kiralee Hogema 0409 902 249**

## **RECONCILIATION IN THE PARK 2018**

*celebrating local Aboriginal communities culture*



**SUNDAY 27th MAY**

**10am - 3pm**

**Johnstone Park, Geelong**

Indigenous Hip Hop Projects

Alice Skye

Djillong history DVD

Traditional Craft Making

Dhungala Children's Choir

The Storyteller Game

Deadly Dancers

Kids activities

FREE BBQ

and plenty more...



[www.facebook.com/recinthepark](https://www.facebook.com/recinthepark)

[www.geelongonefire.org.au](http://www.geelongonefire.org.au)

# Community Notices

## INTERNATIONAL WOMEN'S DAY FUNCTION AND AWARDS CEREMONY



L-R: Renee Owen, Sharelle McGuirk and Libby Lesock – from Barwon Health



L-R: Women of Wathaurong: Gordana Kerr, Emma McPherson, Dawn Condon, Kristie Fraser Lange; Ebony Hickey, Tahlia Dempsey, Kiralee Hogema, Megan Frazer



L-R: Sharelle McGuirk, Ebony Hickey (Wathaurong)

Congratulations to Sharelle McGuirk, Board Chair at Wathaurong, for winning the “First Nations in Community Life” Award—proudly supported and presented by Christine Couzens MP, Member for Geelong. The award celebrates Geelong women in Community; and was held at the International Women’s Day Award on Thursday 8th March at GMHBA Stadium, with 400+ guests in attendance. Awesome work, Sharelle—well-earned for your passionate work with Aboriginal development, education and recruitment at Barwon Health, as well as with Wathaurong Board and Community! Also, big congrats to Ebony Hickey, who ran as runner-up in the Award category! Special thanks also to Corrina Eccles and The Deadly Dancers, who were amazing. A fantastic night for all in attendance; we got to celebrate the trailblazing women who work in the Geelong and wider Community.

## INTERNATIONAL WOMEN'S DAY ARVO TEA AT WATHAURONG





# Community Notices

## WURDI YOUANG UPDATE

Wathaurong Aboriginal Co-operative can provide access to Country and cultural heritage by way of Wurdi Youang, Traditional Owners, Cultural Custodians and Rangers. The substantial evidence of ongoing use of and the connection to Country at Wurdi Youang and the ongoing conservation and Agricultural/ Cultural management activities by rangers are excellent research and study material for universities, researchers and students across multiple disciplines.

As has been initiated with Gordon TAFE, natural and cultural resource management diploma and certificate course content can be delivered on-Country with practical experience and outcomes, alongside delivery of traditional and cultural knowledge.

Wathaurong can work with educators to provide direct experience in caring for Country alongside Rangers and Cultural Custodians, engaging students and others in weeding, planting and biodiversity monitoring, harvesting of native foods, cultural heritage mapping and re-creation of cultural sites.

Wurdi Youang is well positioned to capture both Geelong, Werribee and Melbourne education and research partnerships.

Wathaurong is brokering a partnership with its immediate neighbour at Mount Rothwell Conservation and Research Centre. The draft partnership plan includes cooperative Ngarrwangarrweereeng ("to know and understand") education and training programs. The intent is to draw upon existing activities at both sites, enhance the cultural and conservation research being undertaken and extend this to education and training programs.



Photo: Reg Abrahams and Alf Orams work with students from Gordon TAFE to harvest native grass and seeds at Wurdi Young

## The Woorangalook Victorian Koori Surf titles celebrates two decades of Indigenous Surfing.

**Urquhart Bluff, Great Ocean Road (Tuesday, 20th February 2018)**

The Woorangalook Victorian Koori Surf Titles was held on Saturday 18th and Sunday 19th February at Urquhart Bluff on the Great Ocean Road.

More than 120 indigenous surfers from across the state gathered to celebrate the 20th annual event, which brings together Indigenous communities in a fun weekend of surfing and Indigenous culture.

Communities represented at the event included East Gippsland, Portland and the South West, Koroit, Bendigo, Ballarat, Shepparton, Metropolitan Melbourne, Bass Coast, Mornington Peninsula as well as Geelong and the Surf Coast.

The event was opened on Saturday by Corrina Eccles and the Deadly Dancers Troupe who cleansed the event with a traditional smoking ceremony. This was followed by learn to surf sessions where all of the participants were given a skills and a water safety lesson. Saturday saw pumping conditions with light offshore winds and sunny skies. In the afternoon the junior competitive divisions were finalised along with the Open Women and Masters Women.

Sunday saw slightly smaller waves were both Open and Masters men's divisions were contested. Jordie Campbell of Sandy Point won his 10th consecutive Open Men's Title and gained a wildcard into the Rip Curl Pro Trials at Bells Beach.

Under 13 Girls Champion Fenella Collins from Pt Leo, Joe Joe Hayes-Griggs from the Latrobe Valley and Blade Butler of Geelong were awarded surfboards donated by Strong Brother, Strong Sister and painted with traditional Indigenous artwork by Cormach Evans. Good Sports Award provided by the Department of Justice was awarded to Alla Purcell from the Macarthur in South West Victoria.

### **Winners:**

**U/6 Mixed:** Jarven Hume (Healesville)

**U/10 Girls:** Sapphira Mobourne (Latrobe Valley)

**U/10 Boys:** Isaac Boney (Hamilton)

**U/13 Girls:** Fenella Collins (Pt. Leo)

**U/13 Boys:** Donshay Bonney (Hamilton)

**U/16 Girls:** Amber Harrison (Lakes Entrance)

**U/16 Boys:** Zade Kennedy (Geelong)

**U/18 Girls:** Sonya Graham (Geelong)

**U/18 Boys:** Aaron Wunungmurra (Melbourne)

**Open Women:** Corrina Eccles (Torquay)

**Open Men:** Jordie Campbell (Sandy Point)

**Masters Women:** Corrina Eccles (Torquay)

**Masters Men:** Rhys Collins (Pt. Leo)



The Woorangalook Victorian Koori Surf Titles is presented by VicHealth and Play It Safe by the Water and Supported by Wathaurong Co-Op, Wathaurong Glass, Corangamite Catchment Management Authority, CFMEU, Parks Victoria, Strong Brother Strong Sister, Department of Justice, Department of Prime Minister and Cabinet, ONABAC, Cancer Council Sunscreen, Strapper, Modom, Patagonia, VACSAL, Surf Coast Bin Hire and Farm Foods.

# Community Notices

## CLOSING THE GAP BBQ LUNCH AT WATHAURONG THURSDAY 15TH MARCH



*Photo: Aunty Julie Jose*



*Photo: Christine Couzens MP*



*Rod Jackson—CEO*

Staff, Community, Board members and special guests joined to commemorate and reflect on the Closing the Gap targets and improvements to Aboriginal Health Outcomes. Christine Couzens, Aunty Julie Jose and Rod Jackson all spoke on the current status against the original targets set by COAG (Council of Australian Governments) in 2008. The current targets being set are listed here:

- Close the gap in life expectancy within a generation (by 2031)
- Halve the gap in mortality rates for Indigenous children under five within a decade (by 2018)
- 95 percent of all Indigenous four-year-olds enrolled in early childhood education (by 2025) – renewed target
- Close the gap between Indigenous and non-Indigenous school attendance within five years (by 2018)
- Halve the gap for Indigenous children in reading, writing and numeracy achievements within a decade (by 2018)
- Halve the gap for Indigenous Australians aged 20-24 in Year 12 attainment or equivalent attainment rates (by 2020)
- Halve the gap in employment outcomes between Indigenous and non-Indigenous Australians within a decade (by 2018).

## APOLOGY BREAKFAST AT WATHAURONG TUESDAY 13TH FEBRUARY



We commemorated the 10th Anniversary of the National Apology to Australia's Indigenous Peoples; with a breakfast held at Wathaurong. Geelong has a large population of Stolen Generations survivors, who were removed from throughout Victoria, as well as interstate, and the breakfast was well-attended by the local Community, the Wathaurong Board, Senior Management, staff and dignitaries from our community. Christine Couzens MP spoke at event; as well as Ralph White from AFL Sports Ready and Rod Jackson; CEO (*pictured; above left*).



# Community Notices



# Community Notices

## Volunteer Position - Playgroup Bus Driver

Wathaurong Aboriginal Co-operative requires a friendly bus driver to assist with the pick-up and drop-off of clients who attend the Milla Milla Playgroup. This would be required on Thursdays and Fridays throughout the school terms.

Position requires the following:

- Must have a full drivers license with an LR (Light Rigid) condition
  - Must be willing to undertake a police check
- Must have or be willing to obtain a Working with Children's Check

For further information please call Fiona Ryan on (03) 5277 0044

or email: [Fiona.Ryan@wathaurong.org.au](mailto:Fiona.Ryan@wathaurong.org.au)

do you want to give back to  
your Community?

**Our Homework Centre needs your help**



The homework club meets each Monday, during school terms.

Have you got 2 hours a week to help with our children's education and to ensure their success in the world?

Please leave your contact details with reception at the Co-op:

Phone: (03) 5277 0044



# Community Notices

## Wathaurong Glass & Arts

16 Rodney Road, North Geelong, Victoria, 3215 Ph: (03) 5272 2881



We are committed to providing quality support and programs for our community and clients.

We welcome feedback and suggestions to improve our programs.

### ***How can you give us feedback ?***

Complete a feedback form, fill it out and hand to reception (anonymously if you like) or write a letter and post it, marked Attention: Tony Meagher, Operations Manager or email: [tony.meagher@wathaurong.org.au](mailto:tony.meagher@wathaurong.org.au)

### **DISCLAIMER:**

*The views, information or opinion expressed in the Wathaurong Aboriginal Co-operative Ltd. bi-monthly newsletter are solely those of the individuals involved and do not necessarily represent those of the Wathaurong Aboriginal Co-operative Board of Directors, Management, Community Members or employees. The primary purpose of the Newsletter and its contents to educate and inform. This publication does not constitute medical, legal or other advice or services. Wathaurong Aboriginal Co-operative Ltd recommends that readers use caution / discretion when reading this document; as it may contain images and/or names of deceased persons.*

## **Centrelink**

**Ron Smith the Aboriginal Liaison Officer attends the Co-operative to help clients with Centrelink issues. If you would like to speak with Ron, he is at the Co –op. between 10.00am—11.00am every Tuesday.**

## **School Terms Dates for 2018**

<b>Term 1</b>	<b>30 January - 29 March</b>
<b>Term 2</b>	<b>16 April - 29 June</b>
<b>Term 3</b>	<b>16 July - 21 September</b>
<b>Term 4</b>	<b>08 October - 21 December</b>

# Community Notices

## Assistance and Emergency Services

Service	Contact
Are you seeking emergency accommodation? Call Salvo Connect (Homeless Support Provider for over 25s) for advice on housing and welfare support	03 5223 5400
Barwon Youth (Homeless Support Provider for 24 and under) can help young people with accommodation and welfare support, give them a call	03 5221 4466
If you need help in an emergency you can contact Ambulance, Fire Brigade and Police	000
Are you struggling with finances and need some emergency relief or advice? Diversitat may be able to help you out.	03 5221 6044
If you require food vouchers, talk to Uniting Care or Salvo Connect	5223 5400
For medical, health and well being support, contact Wathaurong Health Centre	03 5277 2038
In the event of a medical emergency Barwon Health Emergency Department have the facilities and expertise	03 4215 0000
For situations requiring police support or advice, call Geelong Police	03 5225 3100
If you require Family Violence & Sexual Assault Support the Barwon Centre against Sexual Assault provides services, advice and expertise.	03 5222 4318
For Drug and Alcohol advice, contact Direct Line 24 hour referral service.	1800 888 236
If you, a friend or family member need immediate advice, call the Suicide Hotline.	1300 651 251
Do you feel unsafe because of Family Violence? Support is only a phone call away.	03 5224 2903
If you need legal advice or support, get in touch with the Victorian Aboriginal Legal Service.	1800 064 865

### Need to update your details?

We maintain the mailing list and this helps us to keep in contact with you. We may need to send you newsletters, update the waiting list for WAC housing, or provide members with meeting dates, community events etc. Members please remember to update your details. Family members if you know of someone who has moved recently— please ask them to update their details by calling the Co-operative 5277 0044 or letting reception know, when you are next in.